



ONE-DAY COURSE SUMMARY

Critical and Creative Thinking

May 2019

How do you and your team make decisions?

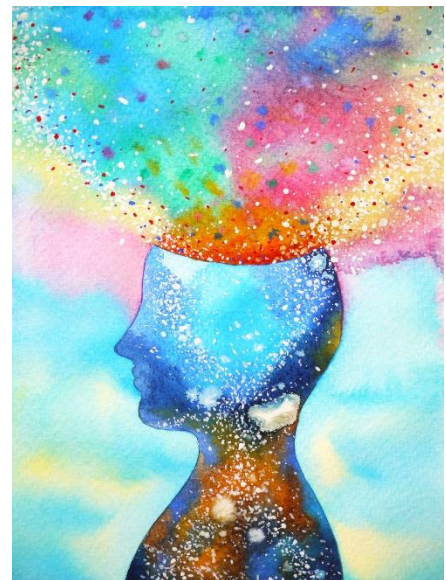
Are you pressed for time and jump on the most likely-looking solution? Try to reapply something from the past? Choose the option with the least risk? Argue until someone concedes? Go with your gut instinct?

There is a better way to make good decisions as quickly as possible. Transform and supercharge team thinking and decision-making processes while enhancing collaboration using de Bono's *Six Thinking Hats*.

Dr. Edward de Bono's SIX THINKING HATS®

The de Bono *Six Thinking Hats* is a proven critical thinking system for group discussion and individual thinking involving six distinct cognitive perspectives. This ensures every voice is heard and the team feels confident in the decisions that have been made. The team is empowered to review facts in a clear way, assess risks without getting argumentative, generate enough options to feel there is real choice, and create an environment where seniority is not important when seeking ideas and input.

The key principle in the *Six Thinking Hats methodology* is separating each facet of thinking into distinct categories, such as information, opinion, creativity, value and risk. Each facet is addressed separately in a collaborative manner creating a culture of teamwork. The discipline of focus in applying a 'parallel and sequential thinking' model reaps great results in team productivity and morale, in generating ideas, solutions, opportunities, and in respecting the diversity of opinions and perspectives in a group.



Benefit and Results

After this one-day training, you and your team will acquire skills to:

- Facilitate effective and productive meetings, saving time and resources
- Eliminate conflict and argument
- Separate fact from emotions and opinion to help create a decision-making process that is clear
- Draw out the creative knowledge of the entire team
- Make creativity a central part of meetings and the workplace culture
- Move away from 'one size fits all' problem solving

Applications

This methodology can be used in conversations, drafting emails and reports, performance evaluations, strategic and action planning, process improvements, problem solving, visioning, exploring new opportunities, and project management.

Who is it for?

This training is for anyone who wants to improve team-working, hold more productive and innovative meetings, and solve problems faster. Team leaders who work in settings with diverse points of view and cultures, or with particularly sensitive issues, will find the parallel thinking methodology highly useful.

The following groups will find the course beneficial:

- Managers and executives who require greater levels of innovation and creativity
- Project/strategy teams in both private and not-for profit sectors
- Departmental managers and their teams
- Community groups advocating for social change
- Boards in not-for-profit organizations
- Individuals and teams working in highly competitive or changing environments

Training Methodology

The course includes a mix of teaching and practical exercises. You will work in small groups with continual support from Mahmuda Ali, certified de Bono trainer. Each delegate is supplied with a comprehensive workbook and course materials developed by Dr. Edward de Bono. The workbook provides ongoing reinforcement of the techniques learned and can be used as a reference manual when you return to your organization to implement the training. The training package includes follow up coaching sessions to support implementation of the tools.

“Create with the heart; build with the mind.”

Criss Jami, Killosophy

<http://thekillosopher.blogspot.com/2015/01/killosophy.html>

The *Six Thinking Hats* has been used effectively worldwide by corporations, government departments, universities and schools, and in the not-for profit and the humanitarian sectors. For more information on how the *Six Thinking Hats* has been applied around the globe, you can visit the following resources:

Harvey Schachter, Globe and Mail, April 2018. What colour hat do you wear in meetings?

<https://www.theglobeandmail.com/business/careers/management/article-what-colour-hat-do-you-wear-in-meetings/>

Olivier Serrat, Asian Development Bank, June 2009. Wearing six thinking hats.

<https://www.adb.org/sites/default/files/publication/27648/wearing-six-thinking-hats.pdf>

Learn More

Let us know what your learning needs are and how we can help. We are happy to explore training and facilitation options that would fit your team and situation.



TRAINING &
FACILITATION

Mahmuda Ali

Contact: 780-710-8511

E-mail: mahmuda.ali3@gmail.com

Lesley Dyck

Contact: 778-516-1514

E-mail: lesley@lesleydyck.ca